



## HARRIERS 2022 CROSS COUNTRY SCHEDULE

- September 12th—First practice at Franklin Park
- September 23rd—Sun City home meet (Friday) at Franklin Park 5pm
- October 1st—Sunfair Invitational—Franklin Park in the am
- October 8th—FWTC Autumn Classic (Five Mile Lake Park in Federal Way) *Optional Meet*
- October 15th—Apple Ridge Run in Cowiche
  - OR Cascade Strider Invitational in Bellevue (Wilburton Park for grades 7-8)
- October 22nd—AAU Regional Meet in Yakima\*
  - End of regular season

### POST-SEASON

*For families and kids that can't get enough of running*

- October 29th--Rain City Flyer Stampede in Seattle
- November 12th—USATF Junior Olympic Association Championships in Spokane\*
- November 19th—Junior Olympic Regional Championships in Seattle
- December 3rd—AAU Junior Olympic Cross-Country National Championships in Tennessee
- December 10th--USATF Nationals in College Station, TX

### KEY DATES

- Mondays—Practice at Franklin Park from 5:30-6:30pm
- Wednesdays—Second practice at Kissel Park from 5:30-6:30pm

*Practices are on Monday's and Wednesday's*

\*Post-season is not covered in regular team fees  
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\*Many locations have not been announced yet but dates occur on the same weekends each year.